

**Registration/Information Session  
Class Zero Agenda**

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|------|--|---------|
| I.   | Introductions (Leaders identify themselves as facilitators, participants should just give their names)               | 10 min. |
| II.  | DVD  | 10 min. |
| III. | Brief introduction of Symptom Cycle  | 5 min.  |
| IV.  | Overview   | 5 min.  |
| V.   | Forms <ul style="list-style-type: none"><li>• Consent and Survey</li><li>• Consent should be read to group</li></ul> | 20 min. |
| VI.  | Briefly discuss books  | 5 min.  |
| VII. | Questions  | 5 min.  |

**Materials Needed:**

DVD

Chart: Symptom Cycle

Copies of Workshop Overview

Copies of Consent

Copies of Survey

Pens

Books

Attendance sheet

Important: sign up sheet to collect phone numbers

**Optional/depends on facility:**

TV

DVD player

Clipboards